

Creative Activity: "Reflecting Your Inner Light"

Objective:

- Deepen the understanding of female identity as being in the image and likeness of God, according to Genesis 1:27 and Ephesians 2:10.
- To value the dignity and unique potential of each woman.
- Promote self-esteem and personal empowerment.

Materials:

- Small mirrors (one for each participant)
- Markers or colored pencils
- Sheets of paper or white cardstock

Development of the activity:

1. Beginning:

- Bring participants together in a comfortable and quiet space.
- Begin with a short prayer or reflection on the beauty and divine essence that resides in every woman.
- Mention the Bible verses Genesis 1:27 and Ephesians 2:10, highlighting the importance of recognizing yourself as being in the image and likeness of God.

2. Exploring identity:

- Invite each participant to pick up a small mirror and look at themselves carefully.
- Ask them to reflect on the physical and personal characteristics that make them unique and special.
- Encourage them to identify aspects that they like about themselves and that reflect their inner light.

3. Capturing the Essence:

- Give each participant a sheet of white paper or cardstock and markers or colored pencils.
- Ask them to draw or write on the sheet what they have discovered about their identity as being in the image of God.
- They can use words, phrases, drawings, symbols, or any other form of creative expression that allows them to express their divine essence.

4. Sharing and Celebrating:

- Invite participants to voluntarily share their creations with the group.
- Listen carefully and respectfully to each other's expressions.
- Celebrate the diversity and unique beauty of each woman.
- Emphasize the importance of recognizing and valuing the dignity and potential of all women.

5. Final reflection:

- Set aside time for individual and group reflection.
- What have you learned about your identity as being in the image of God?
- How can you reflect your inner light into the world?
- What commitments can they make to strengthen their self-esteem and personal empowerment?

Creative Activity: A Bible Game for Women

Objective: To strengthen women's faith through the study of biblical examples of exemplary women and to encourage them to trust God in all circumstances.

Materials:

- Exemplary Women's Faith Bible Verse cards (Prepare in Advance)
- Sheets of paper
- Pens or pencils

Preparation:

1. **Preparing the cards:** Write on cards or slips of paper Bible verses that exemplify the faith of women in the Bible, such as:
 - **Sarah:** Hebrews 11:11
 - **Deborah:** Judges 4:4-9
 - **Esther:** Esther 4:14
 - **Mary, mother of Jesus:** Luke 1:35-38
 - **Priscilla:** Acts 18:26
 - **Phoebe:** Romans 16:1-2
2. **Space preparation:** Arrange the space so that participants can sit comfortably in a circle.

Game development:

1. **Beginning:**
 - Welcome the participants and explain the objective of the game.
 - Share a brief reflection on the importance of faith in women's lives.
2. **Card dynamics:**
 - Mix up the cards with the Bible verses and place them face down in the center of the circle.
 - Each participant, in turn, takes a card, reads it aloud, and reflects on the example of faith that is presented.

- Participants can be invited to share how they personally relate to the verse and how it encourages them to strengthen their own faith.
- After reading the verse, the participant tapes the card to a piece of paper and writes a short prayer or personal reflection about how she will apply this example of faith in her daily life.

3. Closing:

- At the end of the dynamic, invite some participants to share their reflections or personal experiences on how faith has sustained them in difficult times.
- Conclude with a prayer of gratitude to God for the fidelity of women who have been an example for others.

Variations:

- You can divide the group into teams and have a friendly competition to see which team achieves the most reflections or examples of faith in a given time.
- A simple game board can be used where each square has a different Bible verse. The participants advance around the board by rolling a dice and reflecting on the verse that corresponds to them.
- An artistic component can be incorporated into the dynamic, inviting participants to illustrate Bible verses or create collages with images that represent the faith of exemplary women.